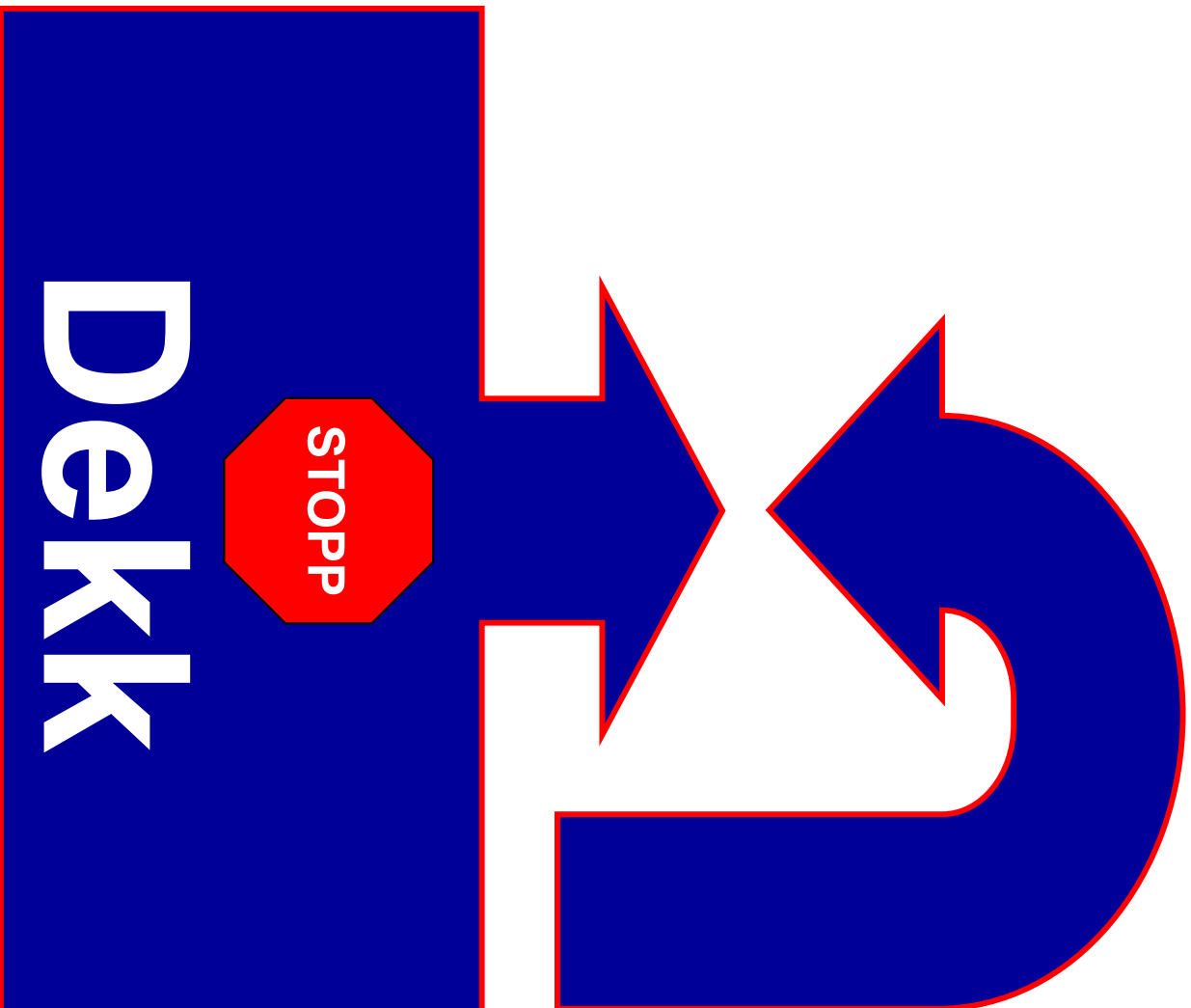
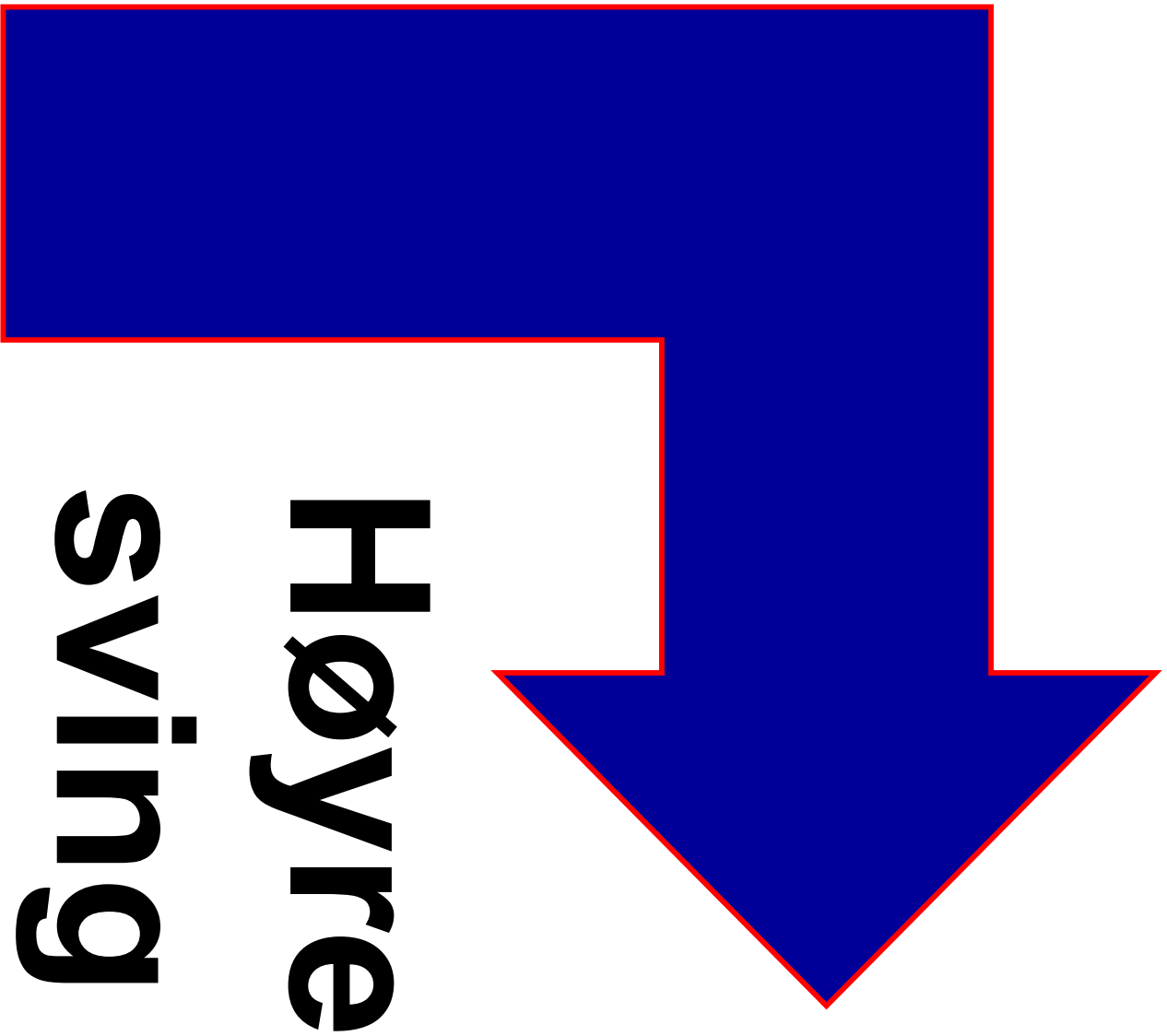


**Gå foran  
Frem**



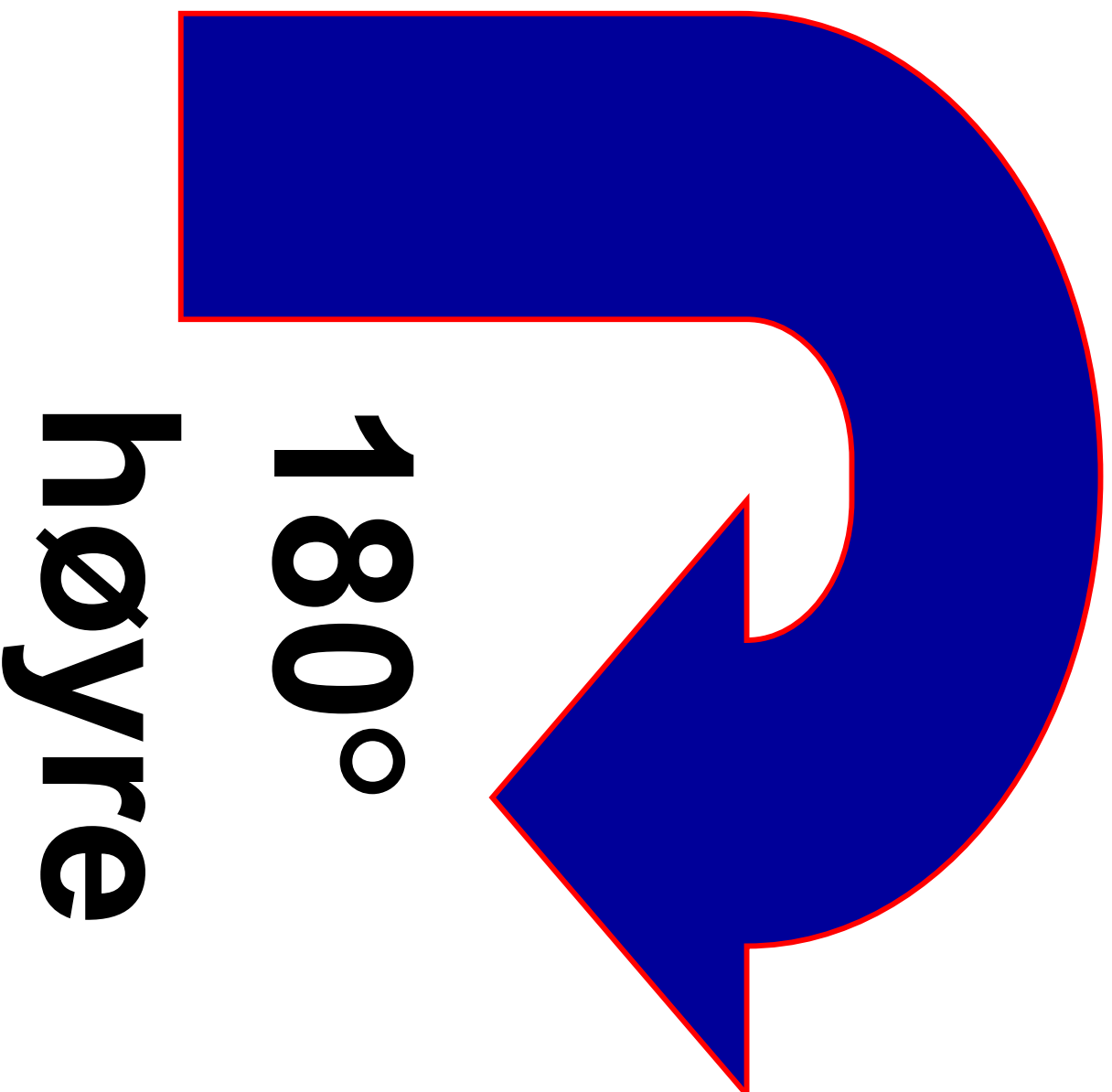
**Gå foran**  
**Frem**



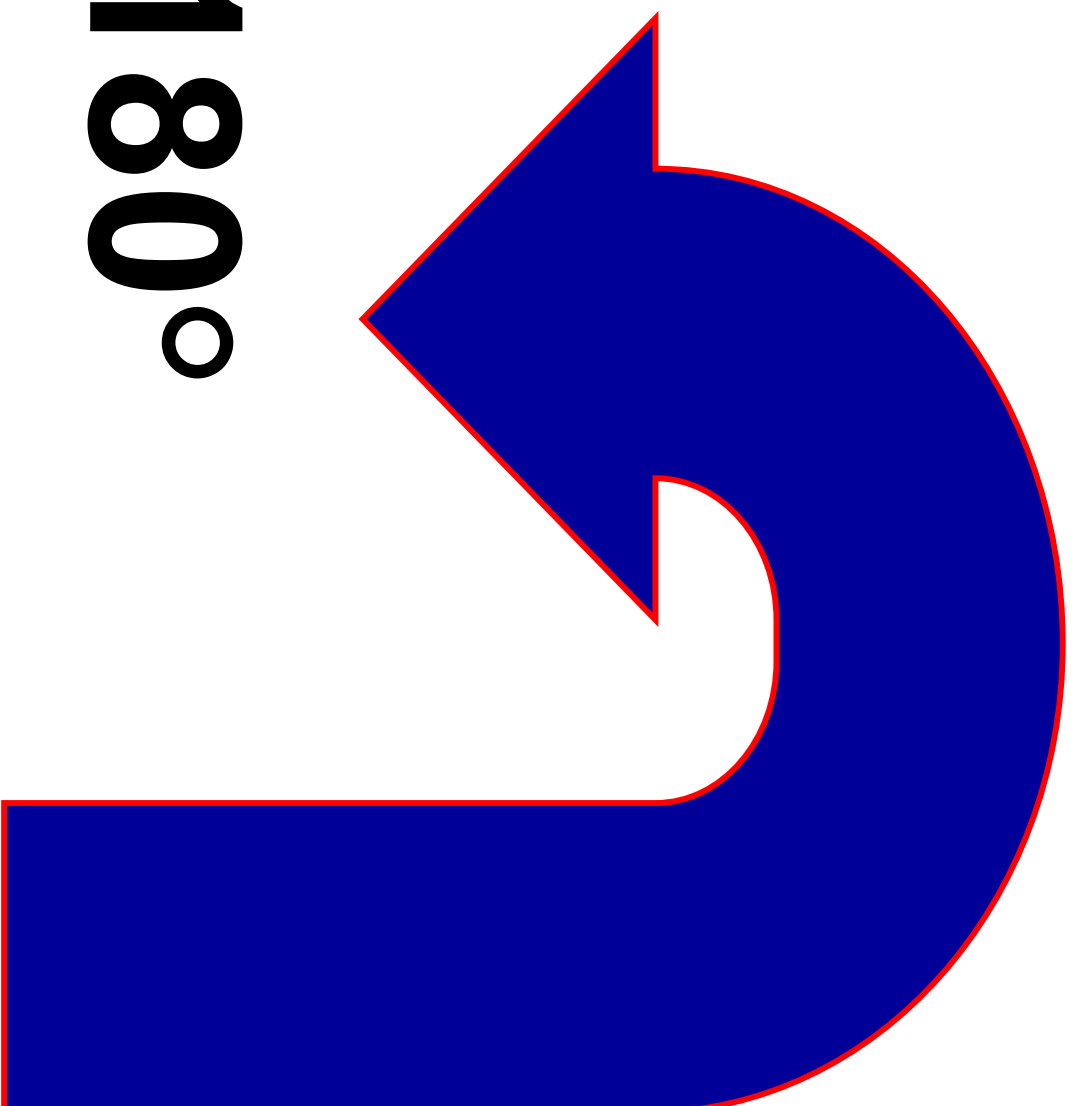
**Høyre**  
**sving**



# Venstre sving



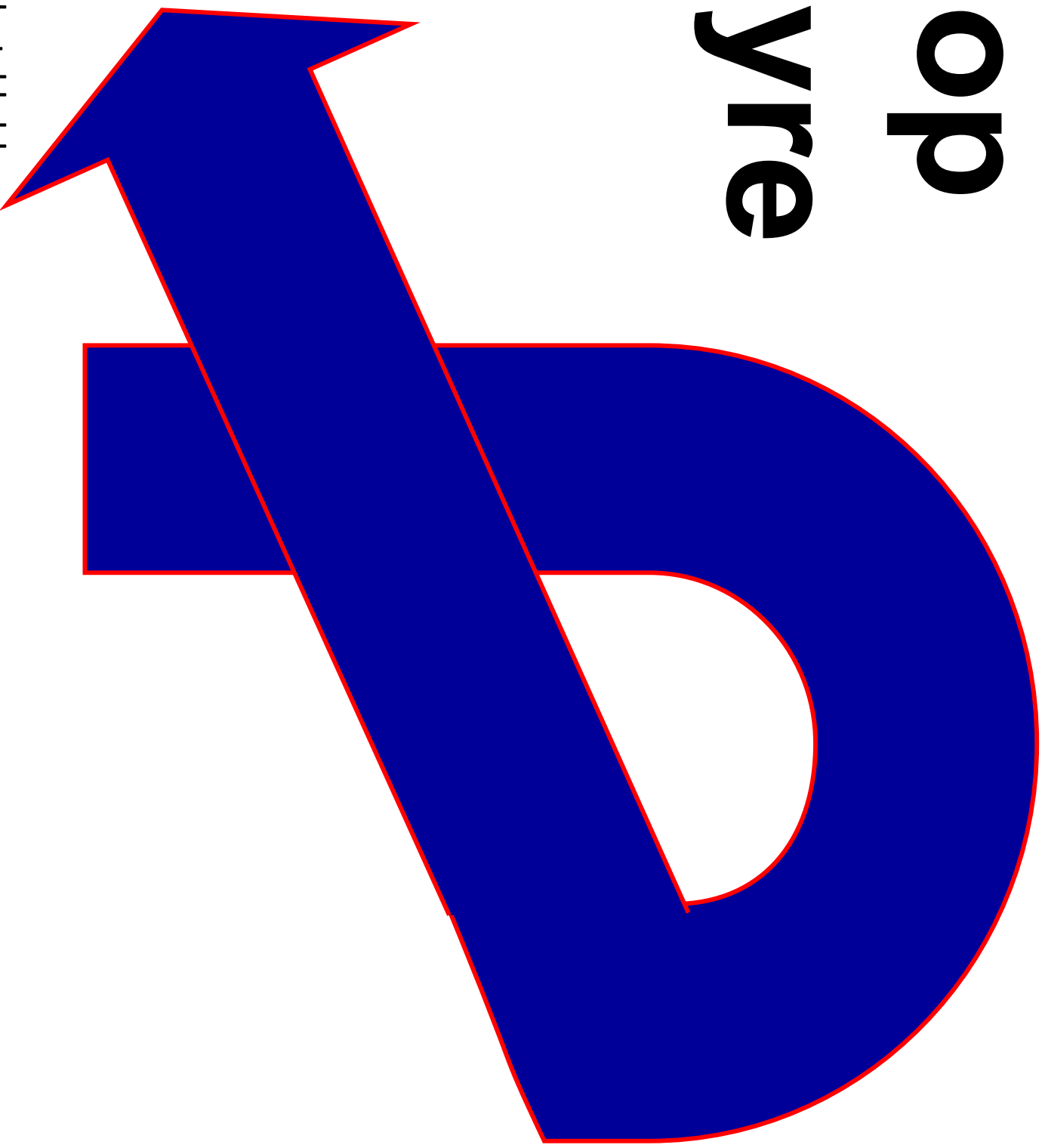




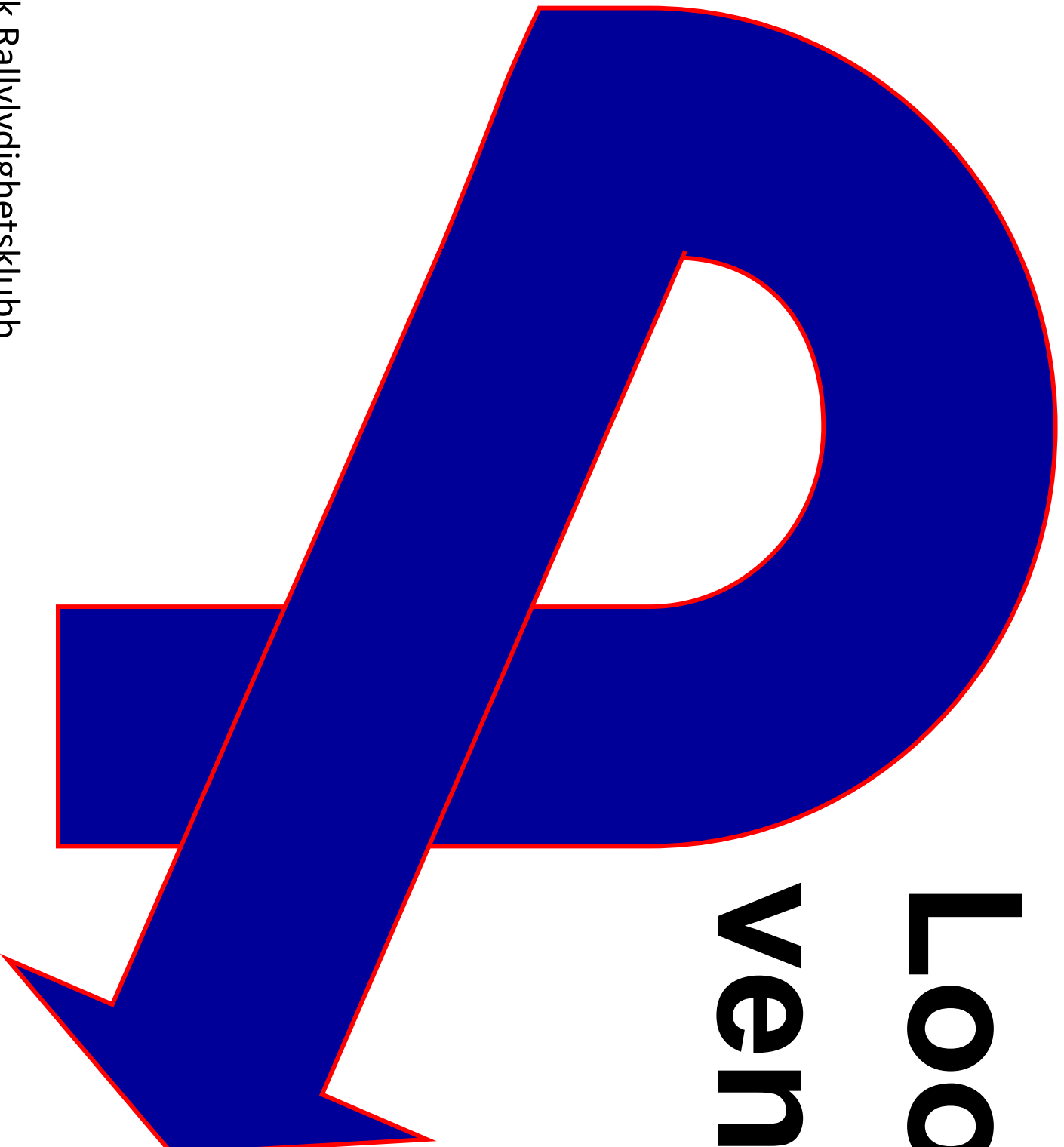
**180°**

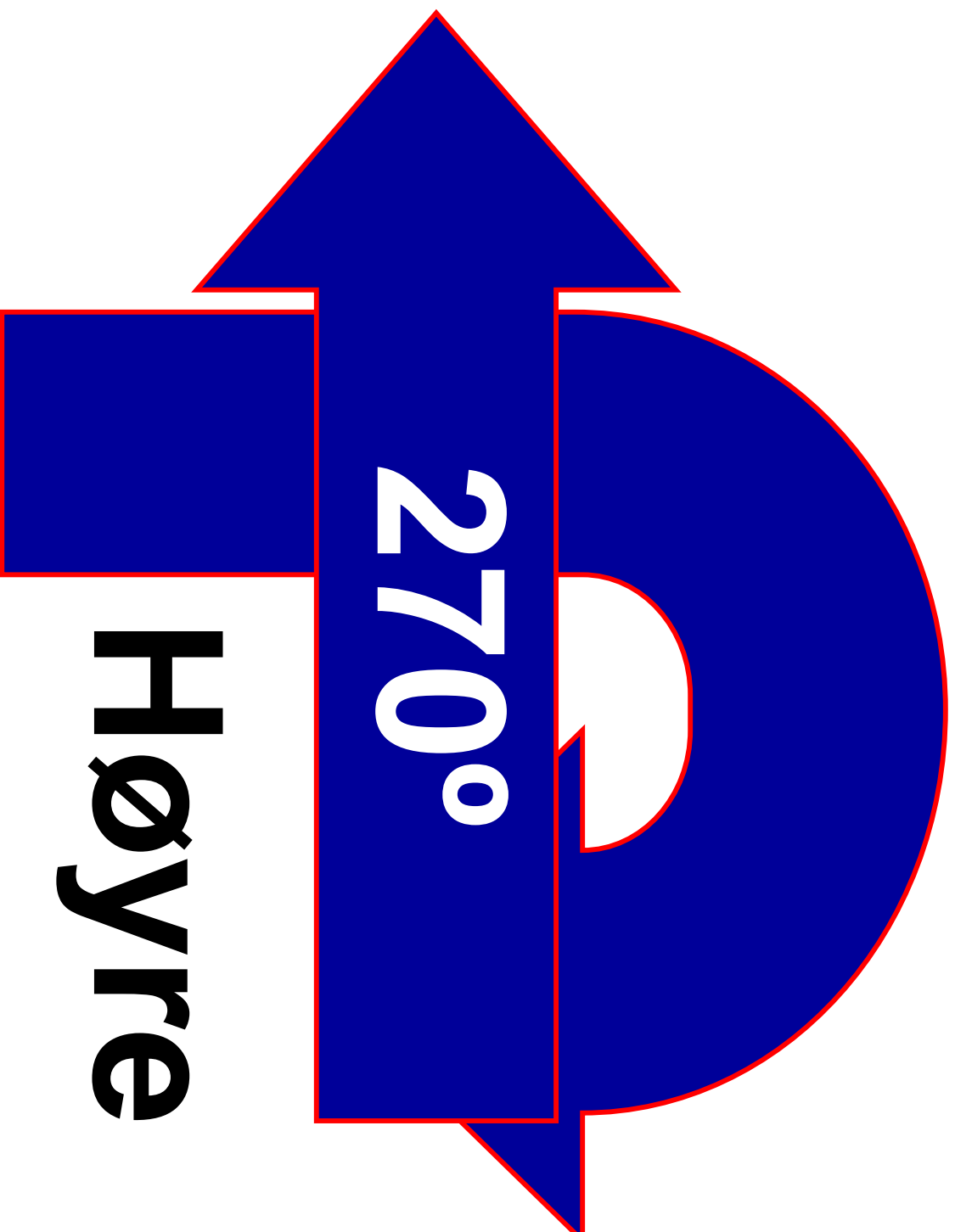
**Venstre**

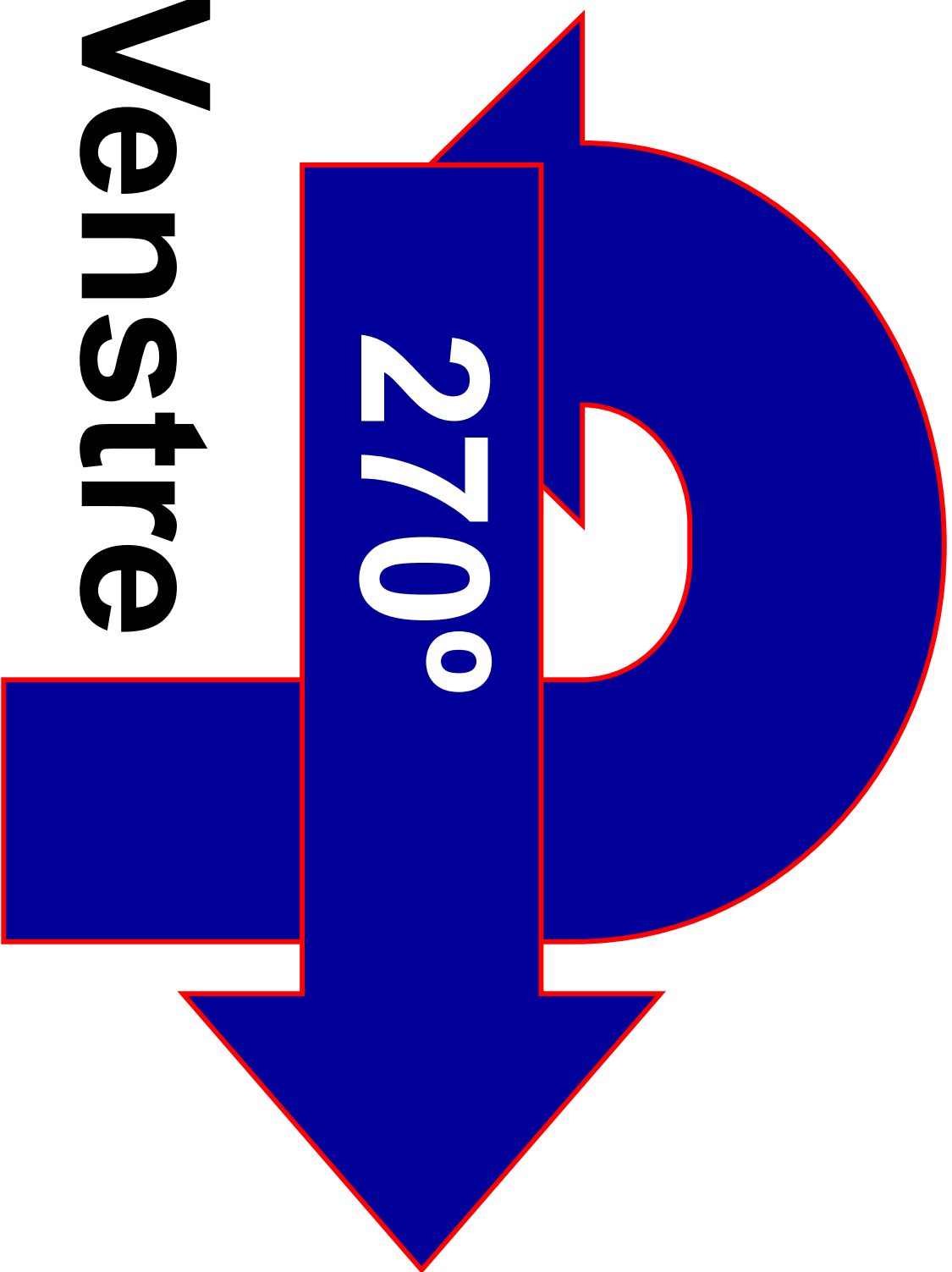
# Loop høyre

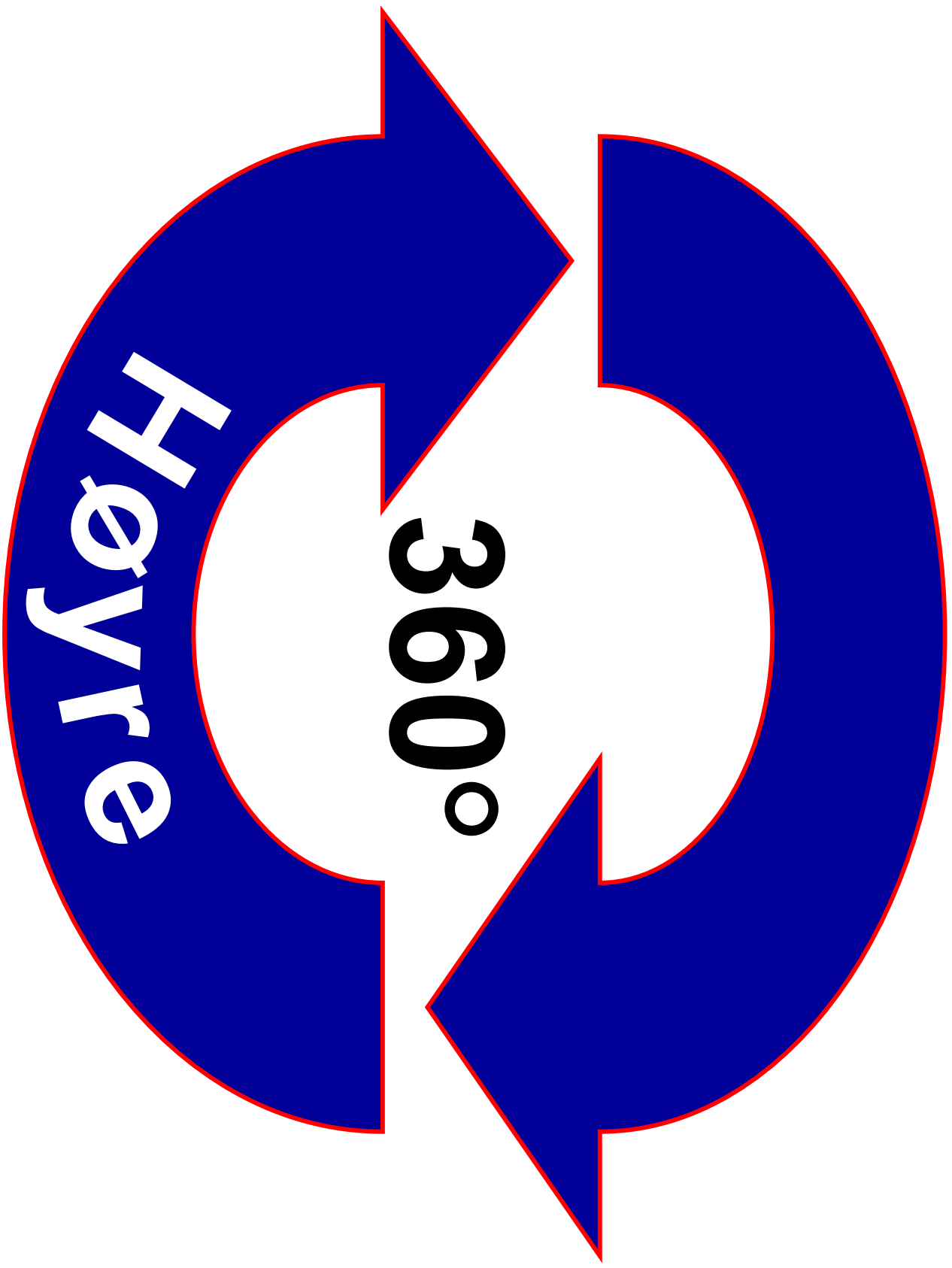


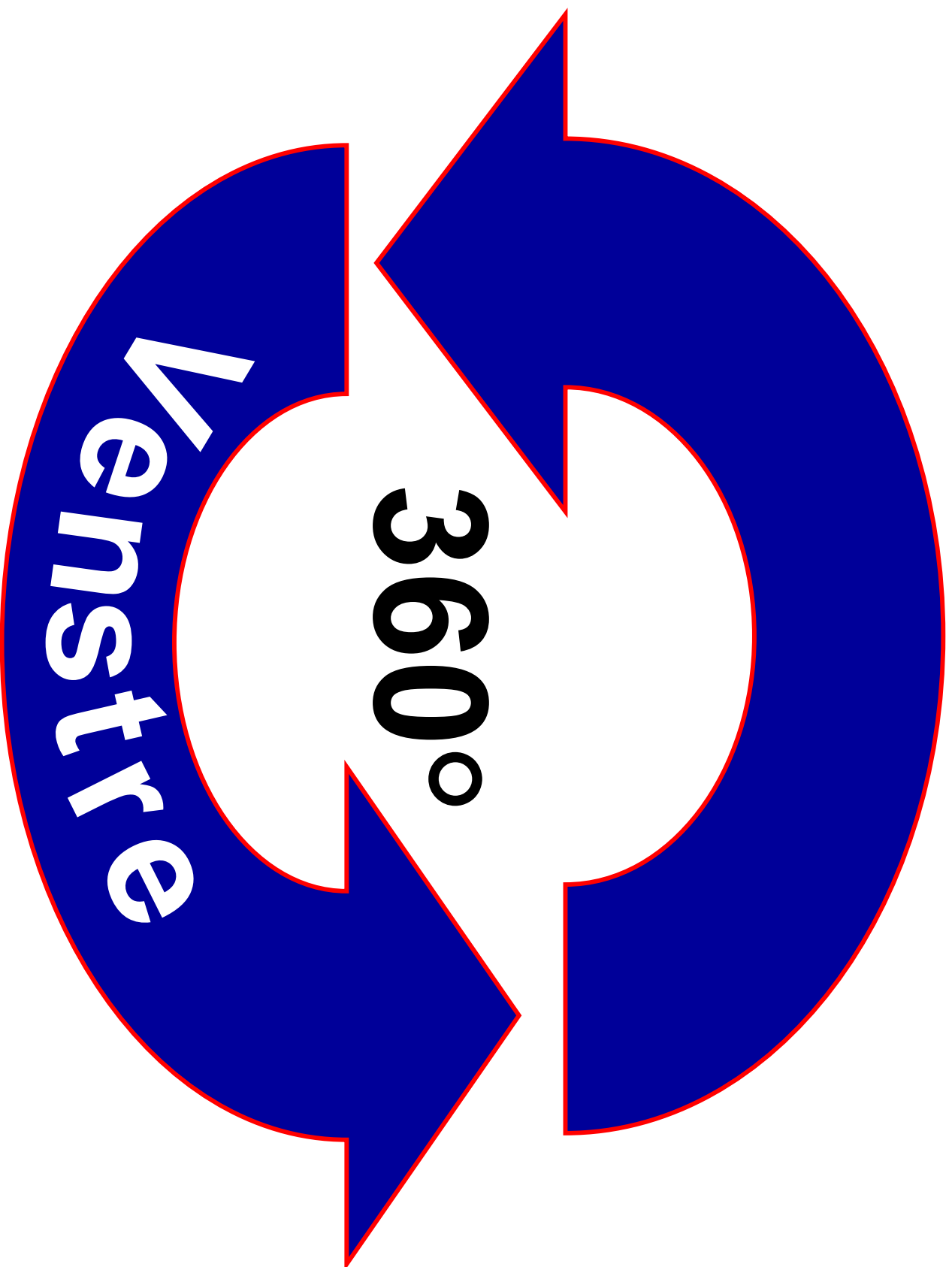
# Loop venstre



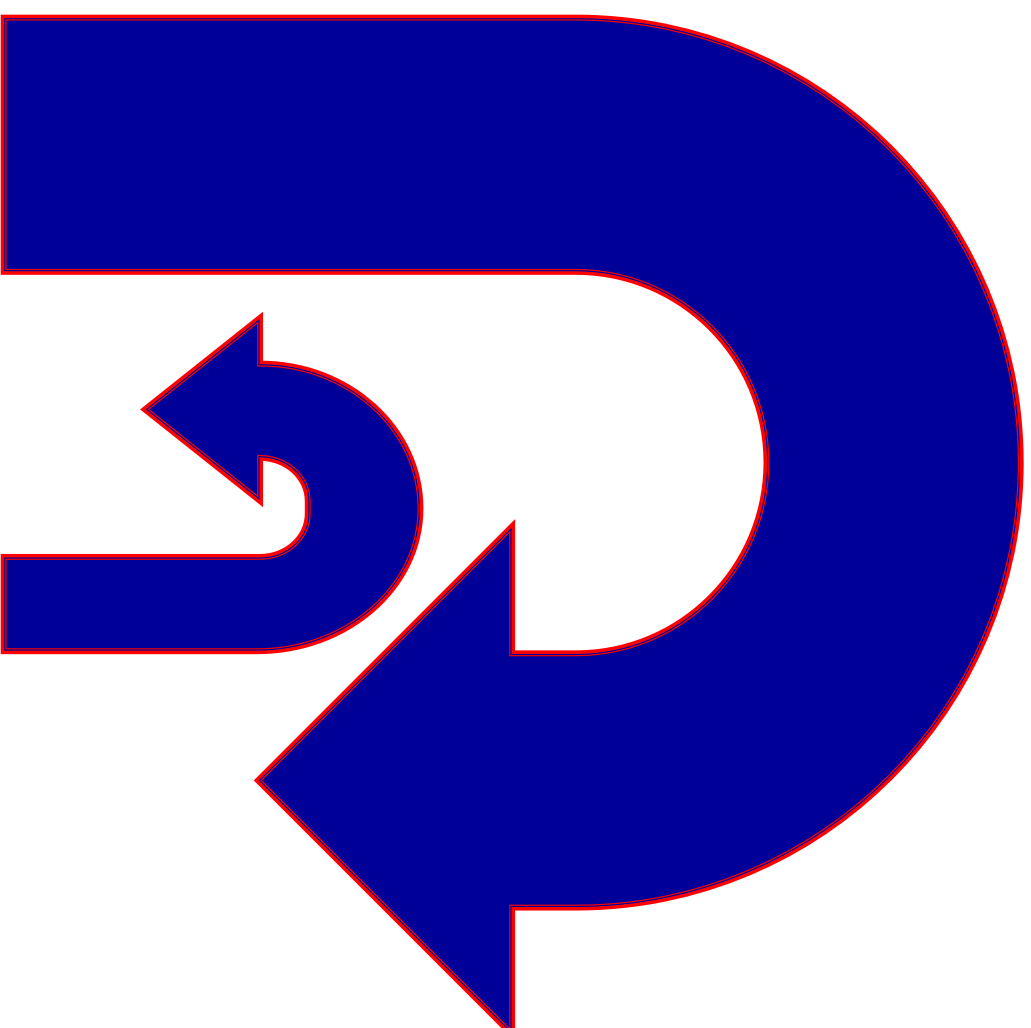




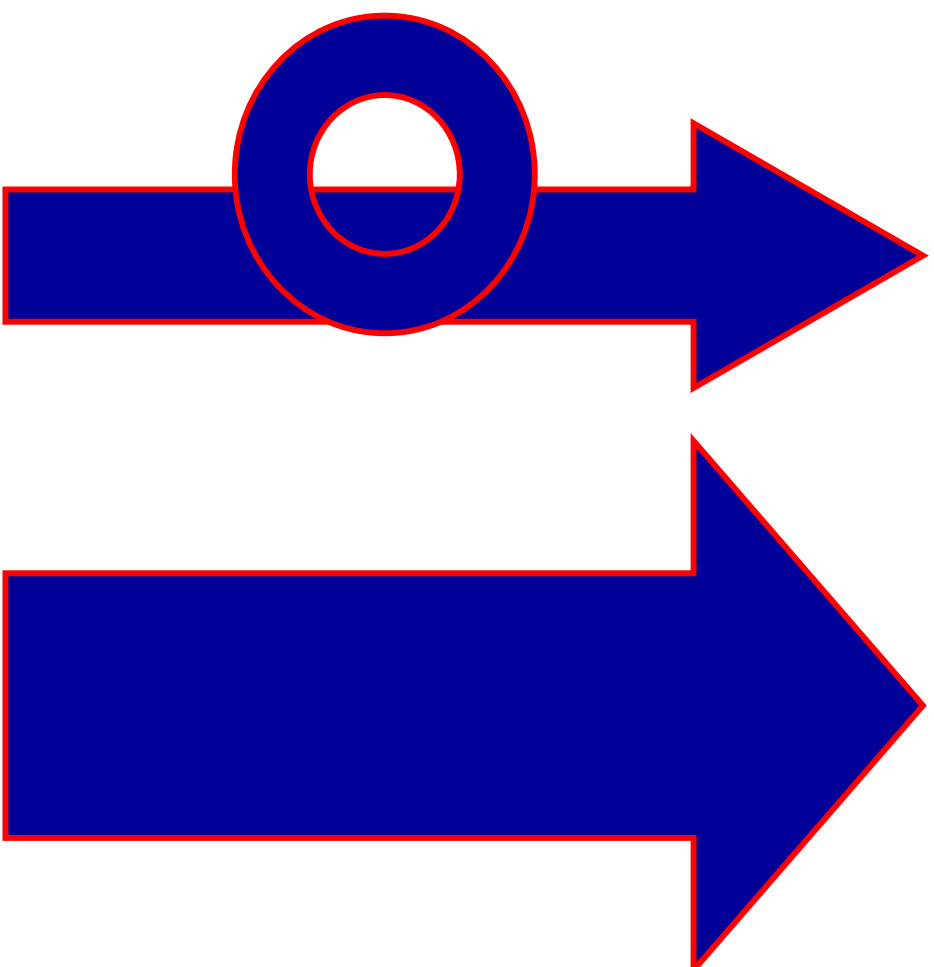




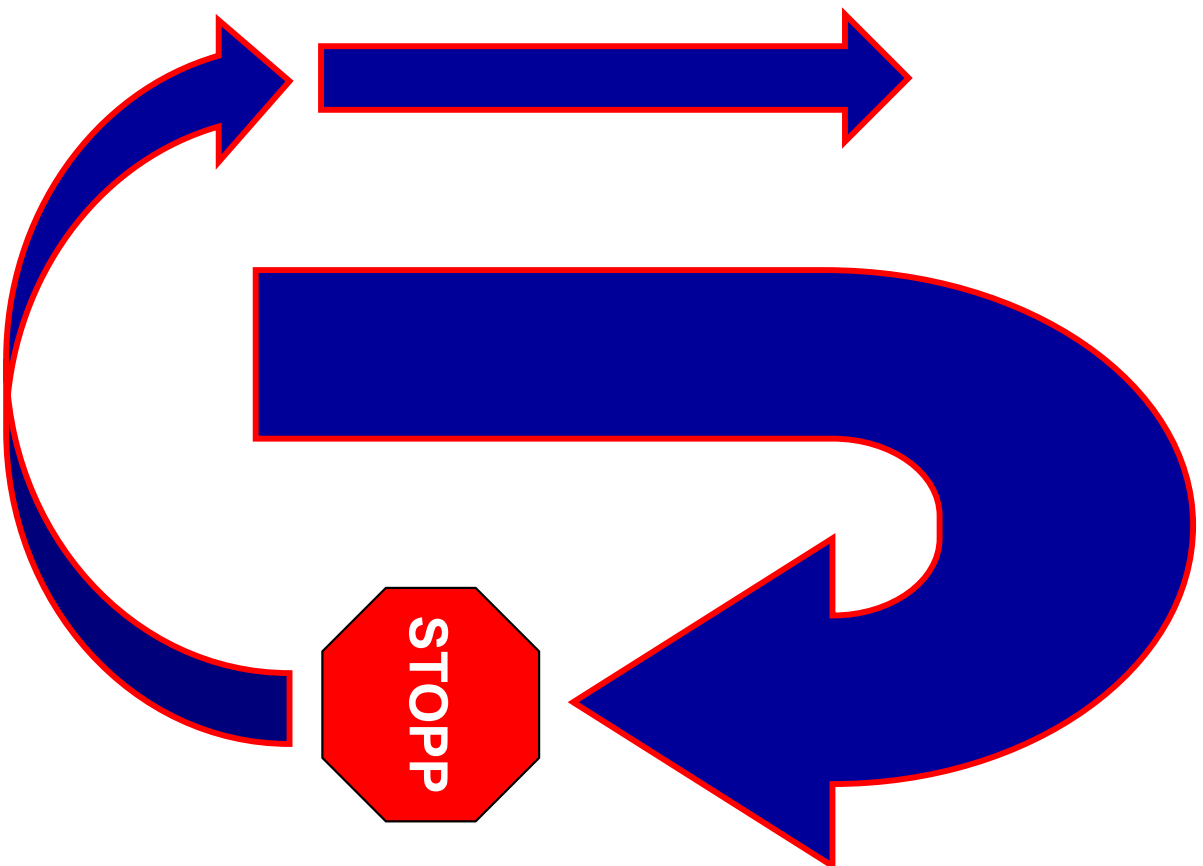
# Helomvending







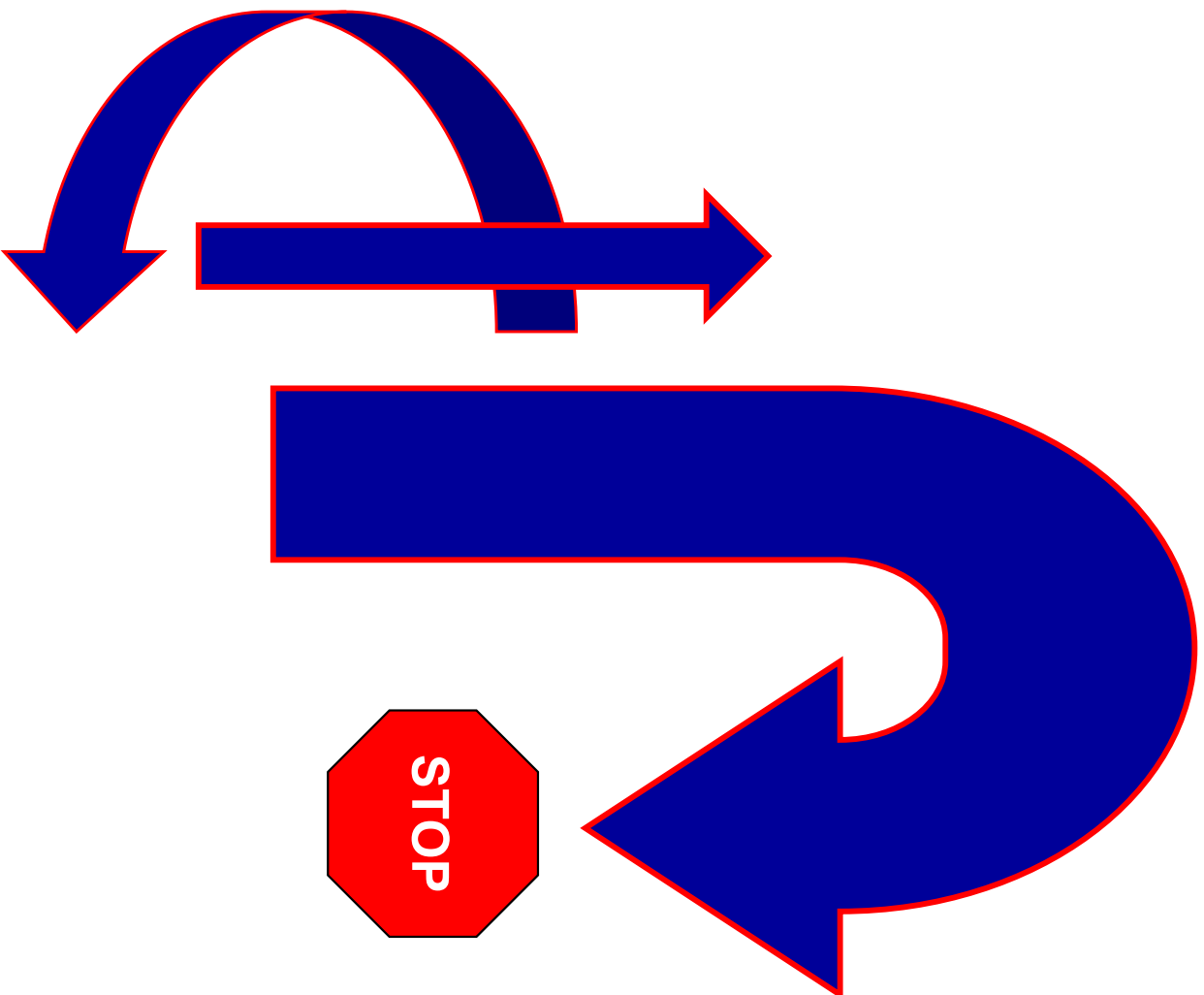
# Snuurr



**Foran**

**Høyre**

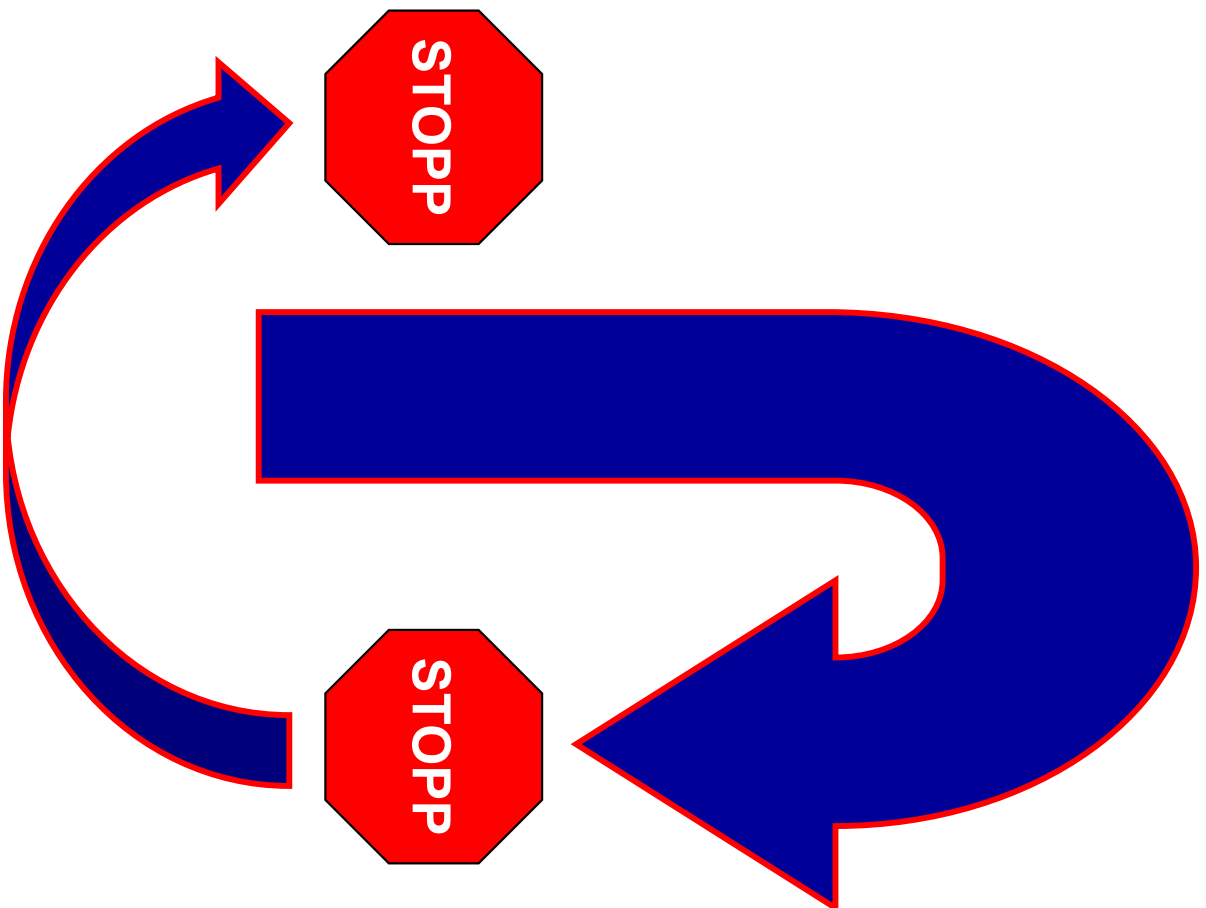
**Frem**



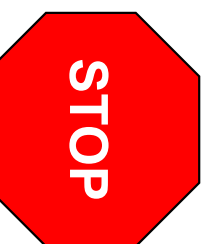
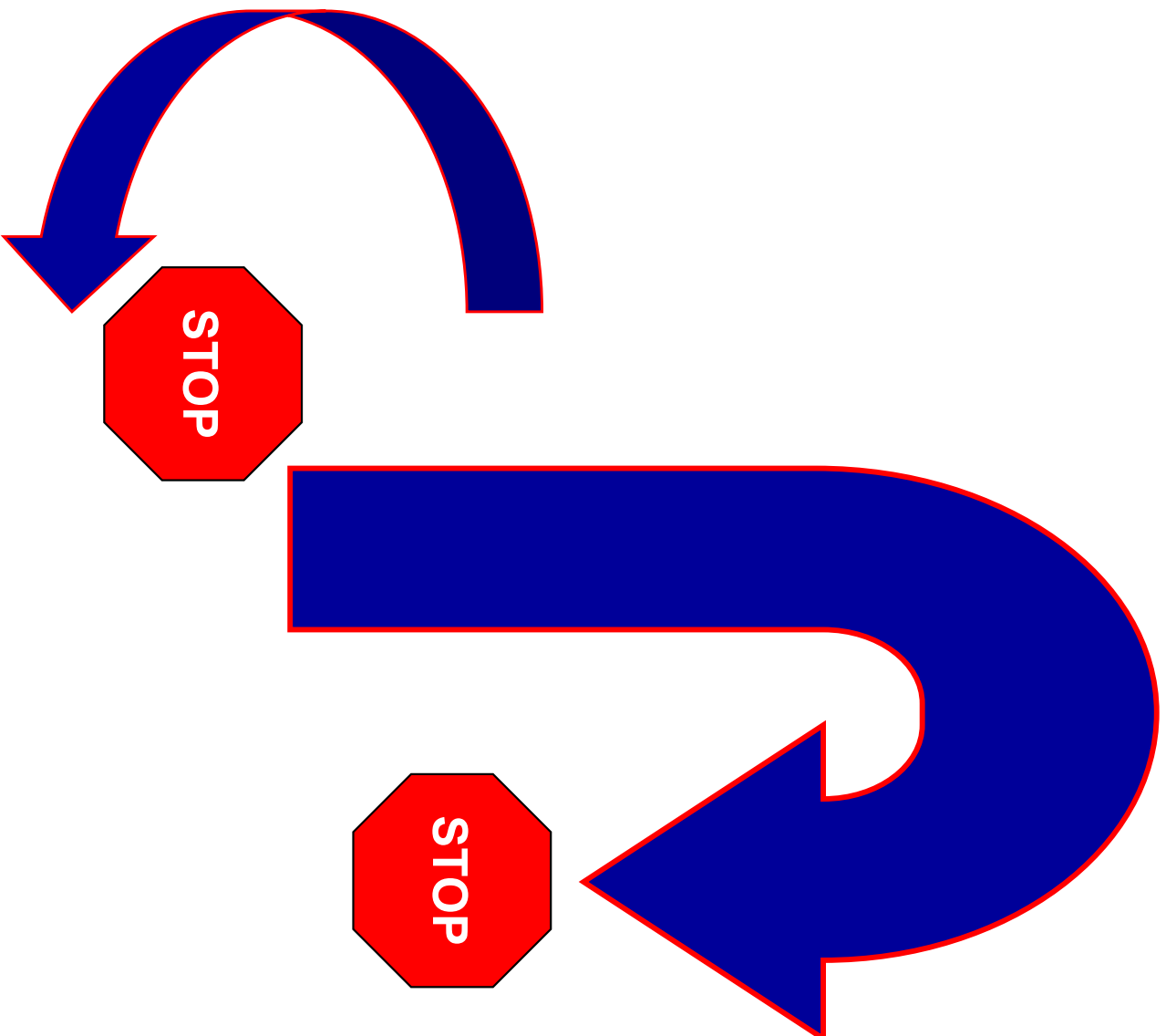
**Foran**

**Venstre**

**Frem**

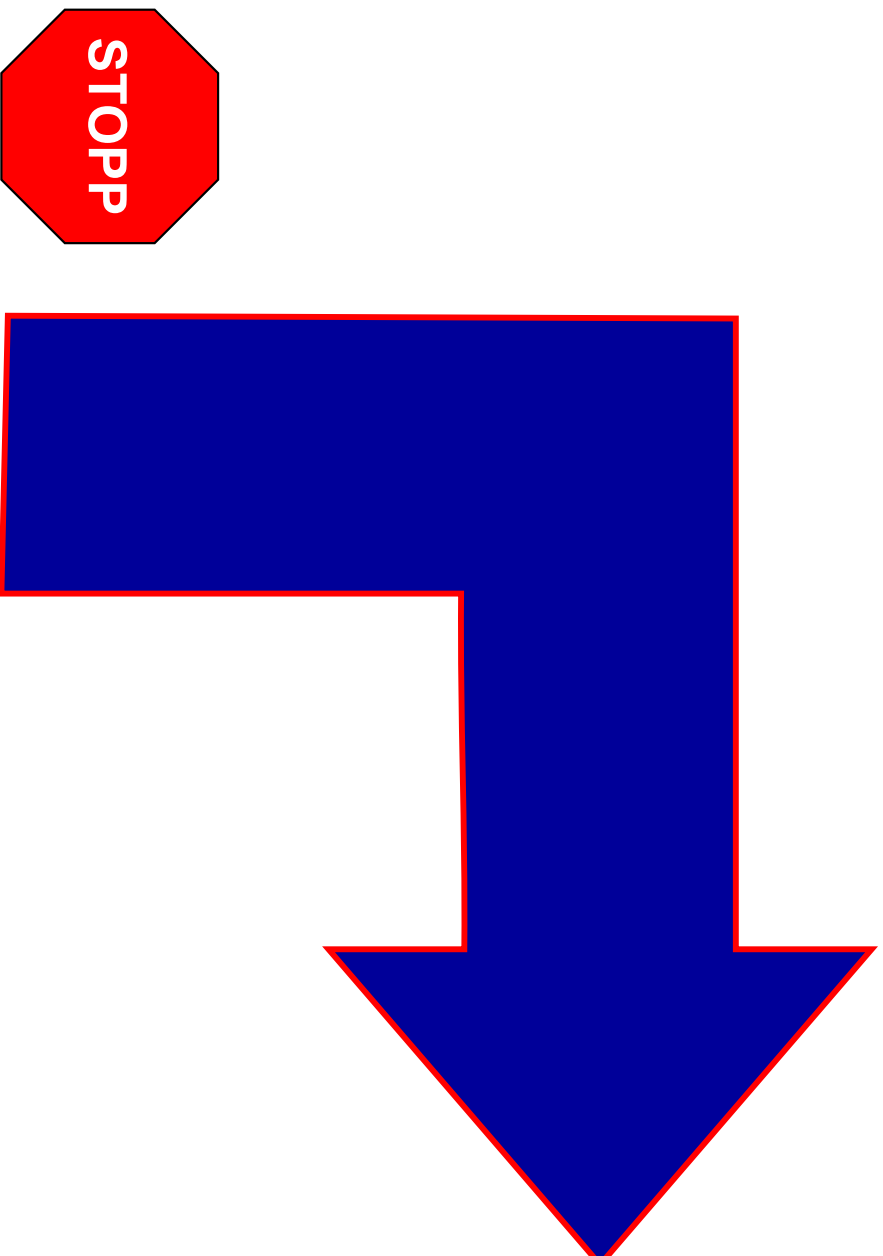


**Foran**  
**Høyre**

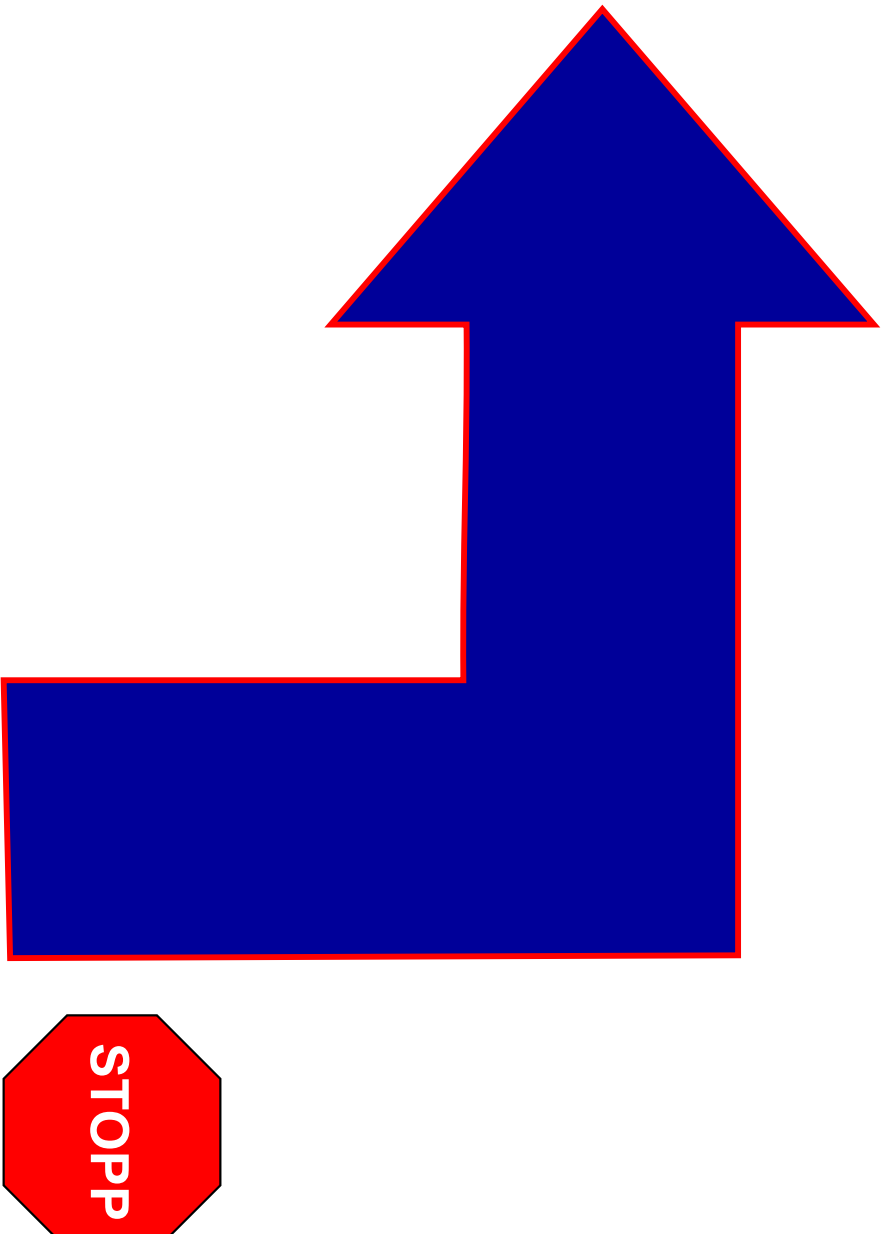


**Foran**

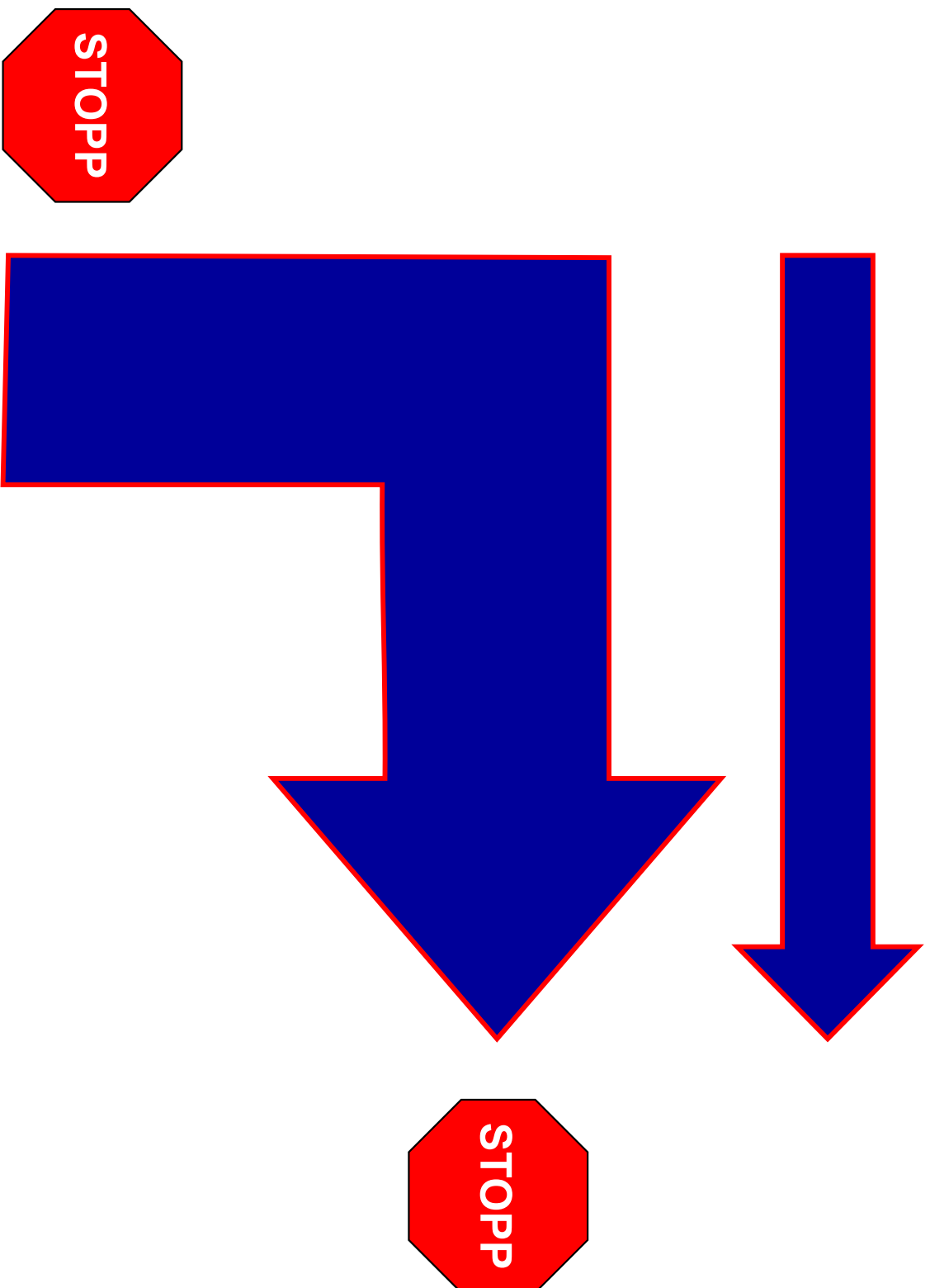
**Venstre**



# Vri 90° høyre, frem

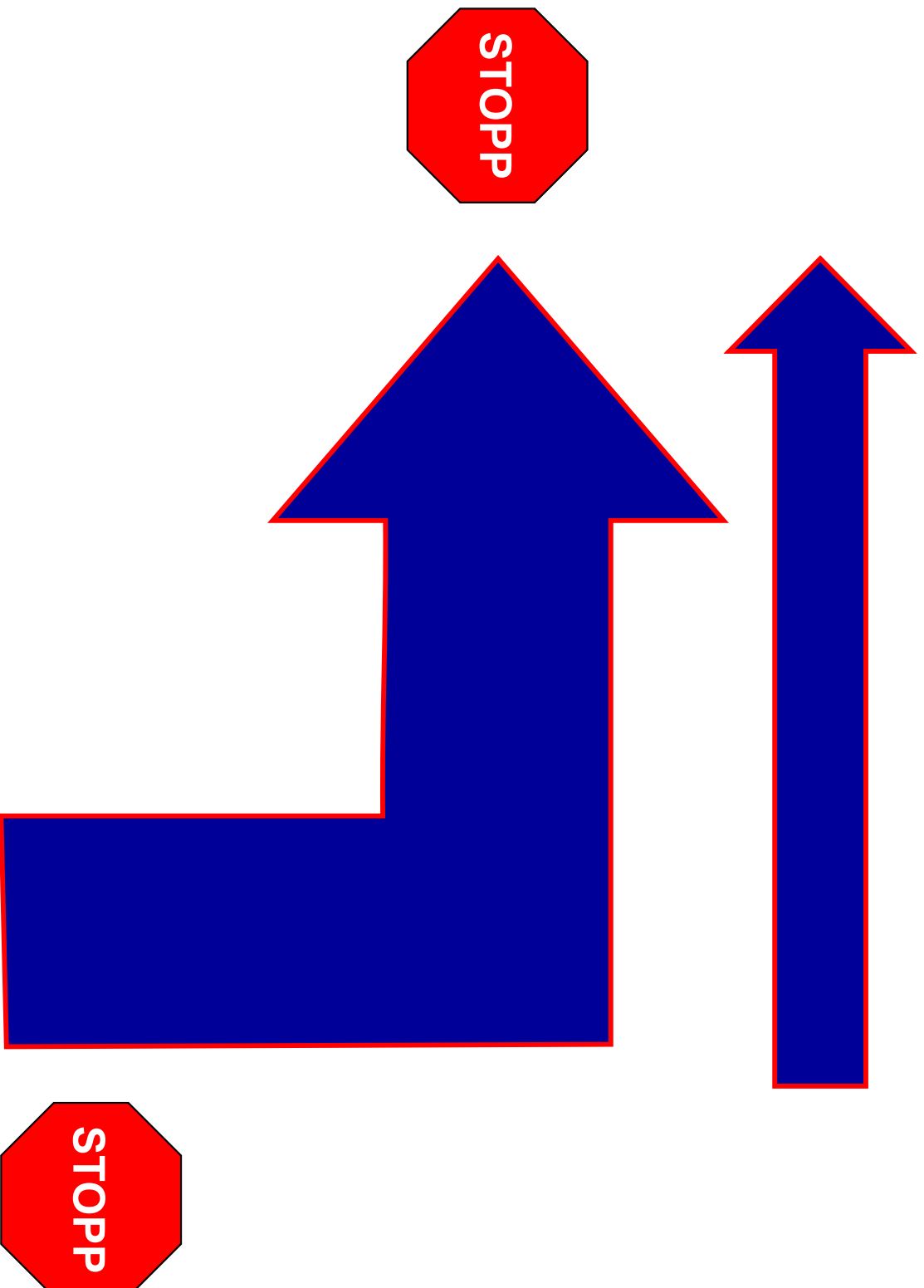


# Vri 90° venstre, frem

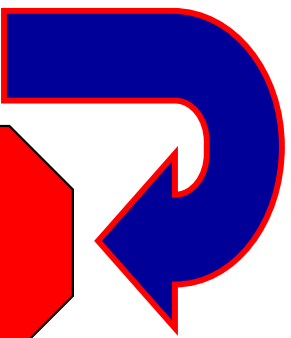


# Vri 90° høyre, 1 steg





# Vri 90° venstre, 1 steg



# Foran

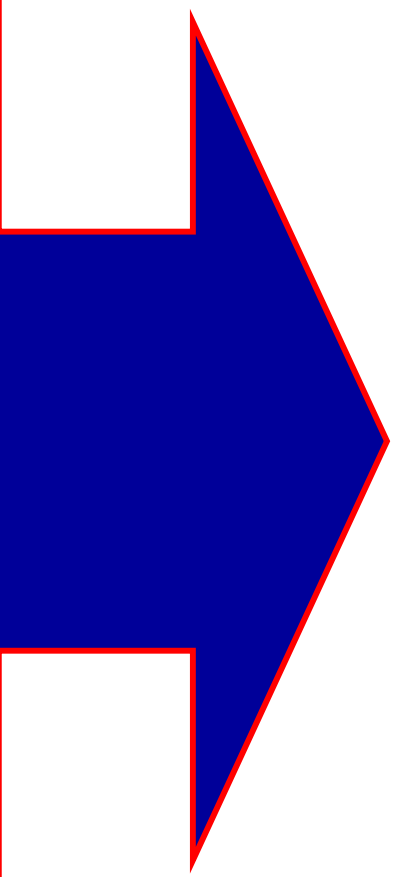
# 1 steg bak



# 2 steg bak



# Frem



# Sakte marsj

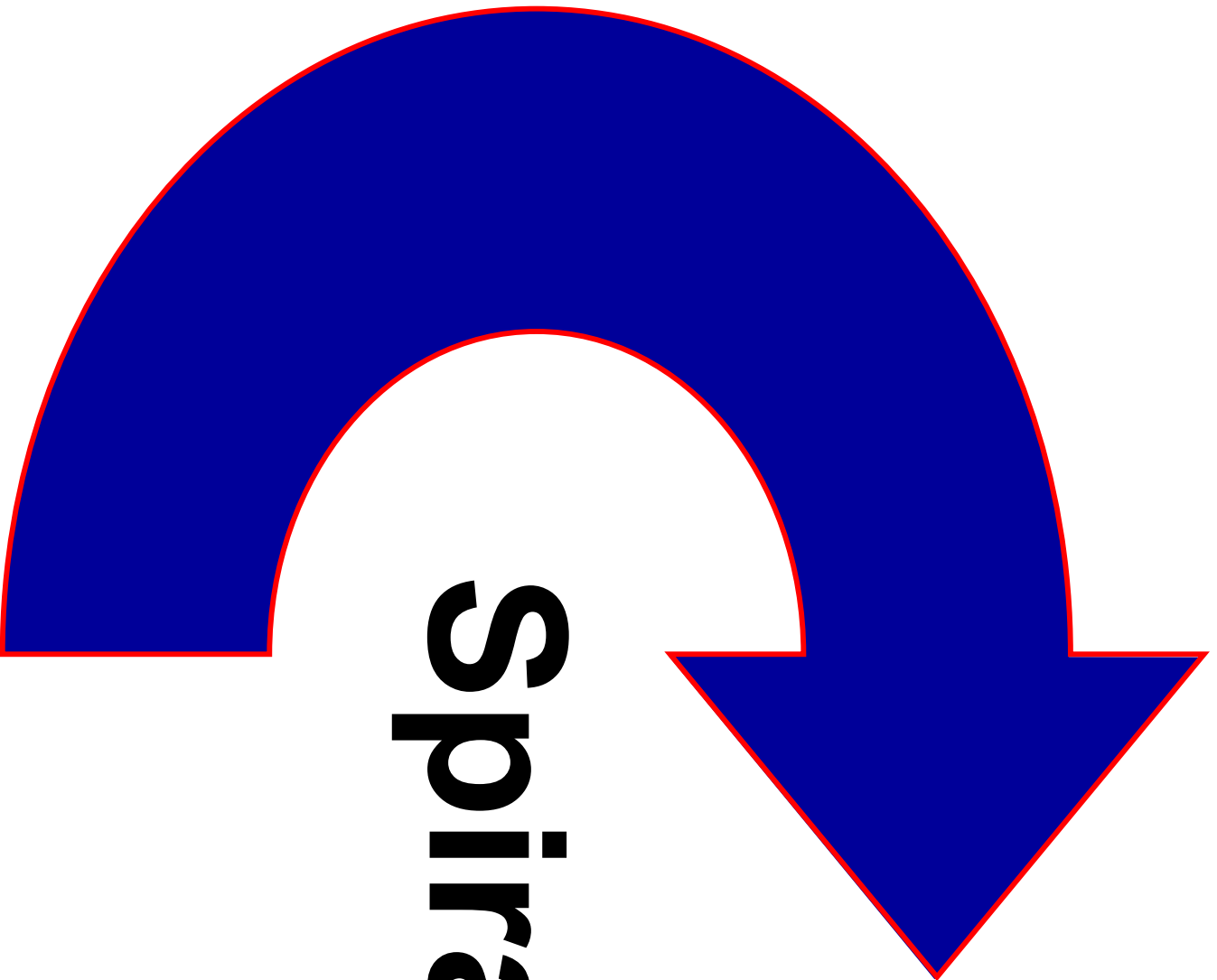


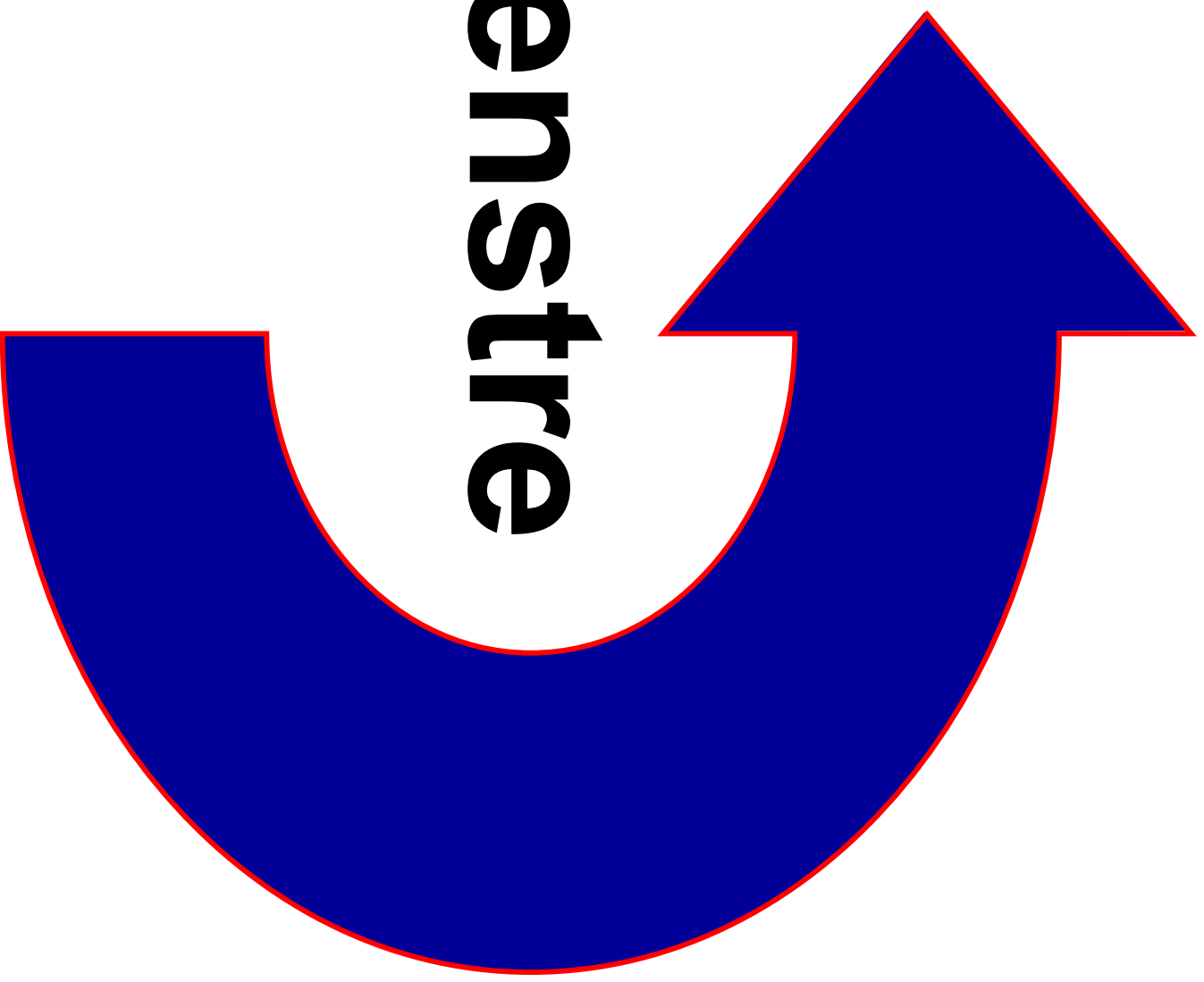
# Springmarsj



# Vanlig marsj

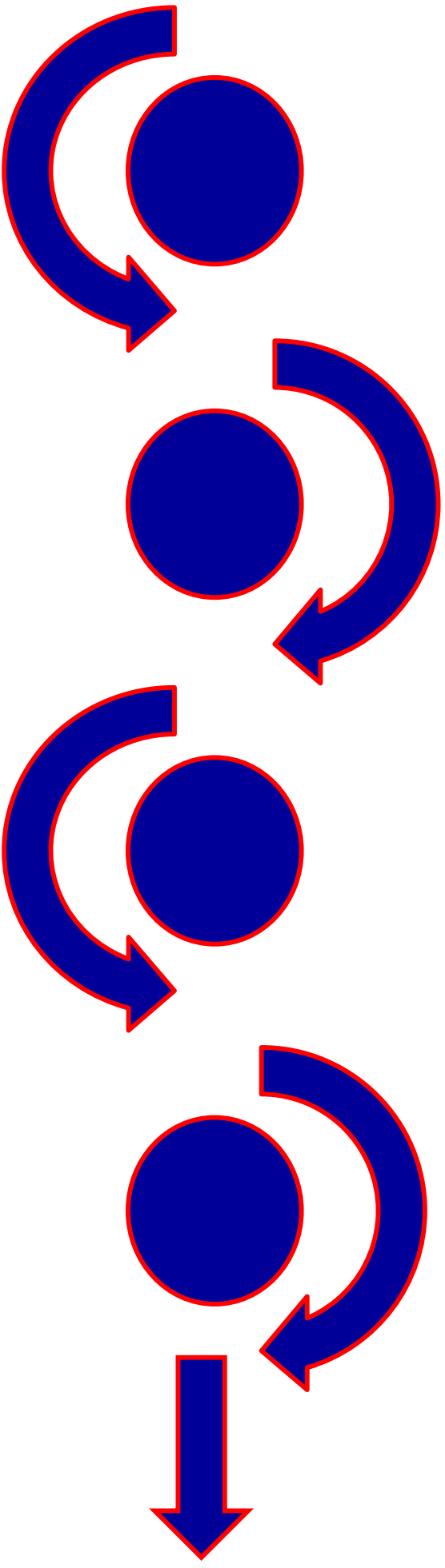
# Spiral høyre





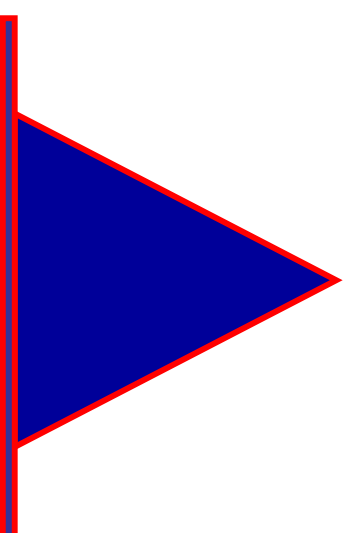
# Spiral venstre

# Enkel slalåm





# 8-tall



# kjægger

